

Dear Patient,

We look forward to welcoming you for your Hospital admission.

As a result of the Coronavirus Pandemic, the Hospital is operating different processes in relation to your attendance for Admission. These have been put in place for your safety and the safety of our staff and consultants:

- A Covid screening station for staff, consultants and patients is operating at the Hospital's entrance
- Covid screening of staff is being carried out on a regular basis
- All staff adhere to Public Health England Personal Protective Equipment (PPE) guidelines
- Increased cleaning regimes are followed throughout the Hospital
- Social distancing measures are observed in all areas, where possible

## What should I do before my operation?



### Self-isolation

Self-isolation is defined as you staying at home and not going out for any reason other than to attend a medical appointment. You and all members of your household will have been told to self-isolate for either 7 or 14 days by your consultant depending on what type of surgery/procedure you are undergoing. This is for your own safety and to ensure the Hospital is a Covid protected site.



### Healthy lifestyle

A healthier lifestyle can improve the outcome of your operation and facilitate your recovery. Avoid smoking and drinking alcohol, keep yourself active, if possible, and follow a balanced diet, rich in vegetables and fruit.



### Pre-op assessment

You may be required to have a pre-op assessment. Wherever possible this will be carried out by phone, however, if there is a requirement for you to attend the Hospital in person you must travel in your own car or by taxi. Please do not travel on public transport.



### Covid swab test

72/48 hours before your admission (or 5 days before if you are having a colonoscopy) you will need to attend the Hospital for a Covid-19 swab. You will only be admitted to the Hospital for your surgery/procedure if the result is negative. Your insurer may cover the cost for this test, please check in advance.

If you are self-pay or if your insurance does not cover the cost of the test, you will be charged £115.00.



## What should I expect on the day of my operation?

### Admission

- Arrive for your admission alone, unless you are a child or dependent on a carer
- Please arrive only at your admission time. You may be requested to wait outside or in your car should the 'socially distanced' waiting area be full, therefore, please ensure you wear suitable outdoor clothing dependent on the weather
- On entry to the Hospital please make use of the hand sanitisers or hand washing station
- You will be asked a series of screening and compliance questions, to wear a mask, and required to sign the form confirming your answers are correct
- Please read, sign and bring with you to the Hospital, the document outlining the increased risks to you undergoing a general or local anaesthetic or steroid injection during the covid-19 pandemic, included in you Admission Pack

### Hospital Stay

- During your admission at the Hospital, you will unfortunately not be allowed to have any visitors
- Respectfully observe social distancing as much as possible throughout your visit

### General Guidelines

- Don't use public transport to come to the Hospital
- Do not attend the Hospital at any time if you have any of the Coronavirus symptoms (a temperature above 37.8c, a new and persistent cough, shortness of breath, loss or change of taste or smell)
- **Should you display any Coronavirus symptoms, test positive from your Covid-19 swab test or have not self-isolated as required you will be unable to be admitted for your surgery/procedure. Please note that if you have not self-isolated for the required amount of time you will not be admitted to the Hospital.**